

één  
gezin  
één  
plan

## Welcome to «één gezin één plan» Noord-West-Vlaanderen

Do you experience difficulties with your family? Are you worried about your child? You are not alone. Our team helps families with children between the ages of 0 and 25 years old. Together with other support organisations, we avoid long waiting lists, as you can count on an introductory conversation within 30 days. Our counselling is free of charge.

**Feel free to contact us, without obligations. We are here for you.**

050 66 46 00 - [info@1G1Pnwvl.be](mailto:info@1G1Pnwvl.be)

## Fast and flexible Youth support

The need for youth care is large, but waiting time can go up to months. Eén gezin één plan works together with basic support organisations such as CLB, CAW, Huizen van het kind, ... and more specialized support services. We start with an introductory conversation together with you family and our family coach and if needed a psychologist.

Our goal? Short-term support for your family so you can continue to work on you question and concerns yourself.

# How can we help?

We actively work with your family and start from your strengths and your network. How does such a trajectory work? You can read it here.

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## 1. Enrolment

Do you encounter a number of difficulties with your family? Or do you know a family with a need for support? Proceed with a first registration online on our website or by telephone call.

2

## 2. Clarification of your request

Via a telephone call, we explore your questions for your situation with one of our colleagues. Those questions are taken up by our weekly enrolment team.

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## 3. Exploratory conversation

Within 30 days, one of our family coaches contacts you for a first exploratory conversation, so we can get to know each other. During such conversation we discuss 6 important questions:

- What is going well and what is going less well?
- What would you like to change?
- Which goals would you like to reach?
- How do you want to achieve this?
- Who do you need for this?
- How can we help you with this?

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## 4. One plan

Based on your questions, we explore possible changes together and we consider who can help you with this. This can be family, a neighbour, a volunteer or a professional caretaker. Together with your family, you decide the pace of your plan and when you want to stop the assistance.

The assistance is always **voluntary, free and takes as long as necessary.** We aim for a support period of four months.

**Register via telephone call at 050 66 46 00.** This is possible on Monday and Tuesday between 13h and 17h or on Wednesday and Friday between 9h and 12h30.



Scan and visit our website

#### **Eén gezin één plan Noord-West-Vlaanderen**

##### **Brugge**

Prins Karellaan 2A - 8310 Brugge  
050 66 46 00  
info@1G1Pnwvl.be

##### **Oostende**

Louisastraat 7 - 8400 Oostende  
050 66 46 00  
info@1G1Pnwvl.be



**Eén gezin één plan Noord-West-Vlaanderen is active in** Brugge, Jabbeke, Knokke-Heist, Zuienkerke, Blankenberge, De Haan, Zedelgem, Oostkamp, Beernem, Damme, Bredene, Oostende

Opgroeien



Vlaanderen  
is kansrijk opgroeien